

CHAMBERSBURG FIRE DEPARTMENT



Now Hiring



\$25.89/hr (2022 rate) Probationary A FF

The Borough of Chambersburg is currently hiring part-time Firefighter/EMT-B employees. Firefighter/EMT-B employees will be responsible for firefighting and fire prevention activities in protecting life and property; handle medical and trauma emergencies; operate and maintain fire and EMS apparatus; perform other related work as required. Part-time employees will be working a 12-hour shift subject to change based on needs of the department.

MINIMUM REQUIRED QUALIFICATIONS

Each applicant must have the following certifications *PRIOR* to submitting application:

***ProBoard and/or IFSAC Firefighter 2, Proboard and/or IFSAC Hazmat Operations, Pennsylvania Certified EMT-Basic, EVOC- Ambulance, and Pennsylvania EMSVO**

ALL APPLICANTS MUST COMPLETE ENTRY LEVEL AGILITY TEST, INTERVIEW, PRE-EMPLOYMENT PSYCHOLOGICAL TEST, PHYSICAL, PHYSICAL FITNESS ASSESSMENT, FBI BACKGROUND, AND STATE BACKGROUND CHECK PRIOR TO STARTING

QUALIFIED BOROUGH RESIDENTS WILL BE GIVEN PREFERENCE. PREFERENCE WILL ALSO BE GIVEN TO INDIVIDUALS WHO DO NOT USE TOBACCO PRODUCTS EQUAL OPPORTUNITY EMPLOYER

THE BOROUGH OF CHAMBERSBURG DOES NOT DISCRIMINATE ON THE BASIS OF AGE, GENDER, MARITAL STATUS, RACE, COLOR, CREED, NATIONAL ORIGIN, POLITICAL AFFILIATION, RELIGION OR DISABILITY. ANY PERSON WHO NEEDS AN ACCOMMODATION (IN ACCORDANCE WITH THE AMERICANS WITH DISABILITIES ACT) DURING THE APPLICATION PROCESS SHOULD CALL 261-3251 or 261-3272 (TDD 261-3227).

A strong commitment to integrity, ethics and leadership are necessary for this position. The ideal candidate will be proactive, reliable and results oriented. Excellent customer service skills, a positive attitude and the ability to make quick decisions under pressure are essential attributes for this position.





Dear Fire Applicant,

On behalf of the Chambersburg Fire Department, I would like to welcome you to the Fire Candidate testing process and thank you for your interest in the department. The Chambersburg Fire Department makes every attempt to be as transparent as possible during the testing process in order to allow candidates an opportunity to best prepare themselves for testing. The part-time employment process consists of 3 phases – Application, Entry Level Physical Agility Test, and Conditional Offer/Secondary Physical Testing.

- **Phase I** – Application must be appropriately completed.
- **Phase II** – Physical Agility Testing. Testing consists of hose stacking, ladder climb, hose relay, obstacle course and a charged hose repositioning station. All stations must be passed. A detailed description of each station is attached to this letter. Please bring a fire helmet and gloves if possible. If you do not have helmet and gloves, these items will be made available to you.
- **Phase III** – Conditional Offer and Secondary Agility Testing. If selected for a part-time FF/EMT position, the candidate may be given a conditional offer of employment which will require further psychological and physical testing. Further testing consists of push-ups, sit-ups, vertical jump, bench press, 300-meter sprint, 1.5-mile run or 2500-meter row. In order to allow candidates to further physically prepare for the secondary agility test, a written description of all requirements is attached to this letter.

PHASE II
(Entry Level Agility Test)

These are minimum standards for all applicants. This is a pass/fail test. Failure of any of the tests will result in the applicant being disqualified.

1. Hose stacking to top rack by picking up and stacking eight (8) hose bundles and then returning them to their original location within three minutes.
2. Ladder climbing by ascending and descending a 65-foot ladder.
3. Hose relay requiring a hose bundle to be carried fifty (50) yards and a 2-1/2 inch hose to be extended fifty (50) yards, and then both to be returned to their original positions within three minutes.
4. Obstacle course requires carrying a hose bundle and climbing, crawling and running to complete the course in one minute, thirty seconds.
5. Charged hose reposition requires the moving of a charged hose over a series of barrels in two minutes.

**CONDITIONAL OFFER PHYSICAL AGILITY TEST
(ONLY NEED TO TAKE IF YOU HAVE BEEN OFFERED A
CONDITIONAL OFFER OF EMPLOYMENT)**

**CANDIDATE MUST COMPLETE (FAIR OR BETTER) IN 5 OF THE 6
CATEGORIES**

- 1. Aerobic capacity - 1.5 mile run or 2,500 meter row***
- 2. Anaerobic Power (Sprinting Ability) - 300 meter run**
- 3. Anaerobic Power (Explosive Leg Strength) - Vertical Jump**
- 4. Muscular Strength (Upper Body) - 1 RM Bench Press**
- 5. Muscular Endurance (Upper Body) - Maximum Push-ups**
- 6. Muscular Endurance (Core Body) - 1 Minute Sit-ups**

1.5 MILE RUN TEST

Male

Age	39 and under	40 - 49	50 - 59	60 and above
Superior	< 10:00	< 10:30	< 11:00	< 11:15
Excellent	10:00-11:00	10:30-11:30	11:00-12:30	11:15-13:59
Good	11:01-12:30	11:31-13:00	12:31-14:30	14:00-16:15
Fair	12:31-14:45	13:01-15:35	14:31-17:00	16:16-19:00
Poor	14:46-16:30	15:36-17:30	17:01-19:00	19:01-20:00
Very Poor	>16:31	>17:31	>19:01	>20:01

Female

Age	39 and under	40 - 49	50 - 59	60 and above
Superior	<13:00	<13:45	<14:30	<16:30
Excellent	13:00-14:30	13:45-15:55	14:30-16:30	16:30-17:30
Good	14:31-16:30	15:56-17:30	16:31-19:00	17:31-19:30
Fair	16:31-19:00	17:31-19:30	19:01-20:00	19:31-20:30
Poor	19:01-19:30	19:31-20:00	20:01-20:30	20:31-21:30
Very Poor	>19:31	>20:01	>20:31	>21:31

CONCEPT II 2500 METER ROW TEST

Male

Age	39 and under	40 - 49	50 - 59	60 and above
Superior	< 9:15	< 9:35	< 10:00	< 10:45
Excellent	9:15- 9:49	9:35-10:19	10:00-10:44	10:45-11:30
Good	9:50-10:30	10:20-11:00	10:45-11:25	11:31-12:00
Fair	10:31-11:20	11:01-11:50	11:26-12:15	12:01-12:45
Poor	11:21-12:20	11:51-12:50	12:16-13:15	12:46-13:45
Very Poor	12:21+	12:51+	13:16+	13:46+

Female

Age	39 and under	40-49	50-59	60 and above
Superior	<10:55	<11:30	<11:45	<12:30
Excellent	10:55-11:19	11:30-11:49	11:46-12:24	12:30-13:09
Good	11:20-12:00	11:50-12:30	12:25-13:05	13:10-13:50
Fair	12:01-12:50	12:31-13:20	13:06-13:55	13:51-14:40
Poor	12:51-13:50	13:21-14:20	13:56-14:55	14:41-15:40
Very Poor	13: 51+	14:21+	14:56+	15:41+

300 METER RUN TEST (SECS)

<u>Gender</u>	<u>Male</u>					<u>Female</u>				
	<u>Age</u>	20-29	30-39	40-49	50-59	60 & above	20-29	30-39	40-49	50-59
<u>Superior</u>	<48.0	<49.0	<55.0	<61.0	<65.0	<56.0	<60.0	<66.0	<77.0	
<u>Excellent</u>	48.0 to <51.0	49.0 to <52.0	55.0 to <60.0	61.0 to <68.0	65.0 to <76.0	56.0 to <59.7	60.0 to <66.5	66.0 to <72.0	77.0 to <83.0	
<u>Good</u>	51.0 to <55.0	52.0 to <56.0	60.0 to <66.0	68.0 to <77.4	76.0 to <85.0	59.7 to <62.7	66.5 to <72.0	72.0 to <80.5	83.0 to <91.0	
<u>Fair</u>	55.0 to <60.0	56.0 to <61.0	66.0 to <74.8	77.4 to <85.0	85.0 to <95.0	62.7 to <74.5	72.0 to <80.5	80.5 to <101.8	91.0 to <103.0	
<u>Poor</u>	60.0 to <69.0	61.0 to <70.0	74.8 to <86.0	85.0 to <99.0	95.0 to <108.0	74.5 to <88.0	80.5 to <93.5	101.8 to <116.0	103.0 to <123.0	
<u>Very Poor</u>	69.0 or >	70.0 or >	86.0 or >	99.0 or >	108 or >	88.0 or >	93.5 or >	116.0 or >	123.0 or >	

VERTICAL JUMP TEST (INCHES)

<u>Gender</u>	Male				Female			
	20-29	30-39	40-49	50-59	20-29	30-39	40-49	50-59
<u>Superior</u>	>25.0	>24.0	>20.3	>19.5	>18.1	>16.0	>13.3	>10.1
<u>Excellent</u>	25.0 to >23.0	24.0 to >21.0	20.3 to >18.0	19.5 to >16.5	18.1 to >17.0	16.0 to >15.0	13.3 to >12.7	10.1 to >9.5
<u>Good</u>	23.0 to >21.0	21.0 to >20.0	18.0 to >16.5	16.5 to >14.5	17.0 to >15.5	15.0 to >13.0	12.7 to >11.1	9.5 to >7.9
<u>Fair</u>	21.0 to >19.0	20.0 to >18.5	16.5 to >15.0	14.5 to >13.5	15.5 to >13.9	13.0 to >12.0	11.1 to >9.0	7.9 to >5.8
<u>Poor</u>	19.0 to >17.0	18.5 to >16.0	15.0 to >13.0	13.5 to >11.0	13.9 to >12.0	12.0 to >10.2	9.0 to >7.1	5.8 to >3.9
<u>Very Poor</u>	17.0 or <	16.0 or <	13.0 or <	11.0 or <	12.0 or <	10.9 or <	7.1 or <	3.9 or <

MUSCULAR TESTS

	<u>1 RM Bench Press (ratio)*</u>	<u>Sit Ups (number)**</u>	<u>Standard Push Ups (number)***</u>
<u>Superior</u>	>.97	>42	>38.0
<u>Excellent</u>	.97 to >.84	42 to >35	38.0 to >29.0
<u>Good</u>	.84 to >.74	35 to >31	29.0 to >22.0
<u>Fair</u>	.74 to >.66	31 to >25	22.0 to >16.0
<u>Poor</u>	.66 to >.58	25 to >20	16.0 to >11.0
<u>Very Poor</u>	.58 or <	20 or <	11.0 or <

*ratio-weight lifted to body weight

** number within one minute

*** women are permitted to perform "modified" push-ups