

APPLICATION FOR POSITION OF POLICE OFFICER **INSTRUCTIONS - PLEASE READ CAREFULLY**

DUTIES/RESPONSIBILITIES:

The police officer shall be responsible for the enforcement of the applicable laws of the State of New Hampshire and applicable ordinances of the Town of Londonderry. He/She shall patrol the Town of Londonderry by foot or cruiser, regulate traffic, investigate and report criminal acts when discovered, investigate accidents, and file appropriate reports as prescribed by Departmental Rules, Regulations, Procedures, and/or superior officers. He/She shall also be responsible for other duties as assigned.

QUALIFICATIONS:

Every applicant must be a citizen of the United States. Applicants must possess a high school diploma or equivalent meeting New Hampshire Standards. The applicant must be of proportionate height and weight, and shall not have any physical, mental, and/or medical impairments which would interfere with the ability to perform the essential functions of a police officer. Persons applying shall be of good moral character, shall not have a criminal record or serious motor vehicle record, and shall meet all qualifying standards as set forth by the New Hampshire Police Standards and Training Council. Applicants shall be at least 21 years of age by the date of appointment.

NOTICE

Failure of the applicant to furnish all information and records requested or making or cause to be made any false statements or omissions in the application form or during any phase of the application process, or in any subsequent communications with the Londonderry Police Department relating to his/her candidacy, shall constitute cause for rejection of the application. No qualification will be waived.

NEW HAMPSHIRE FULL-TIME CERTIFIED APPLICANTS:

You will be required to take the physical agility ONLY (written exam is waived).

***PLEASE BRING A VALID LICENSE FOR
IDENTIFICATION PURPOSES TO THE
PHYSICAL AGILITY TESTS***

LONDONDERRY POLICE DEPARTMENT

WAIVER OF LIABILITY

I _____ do hereby certify, that I am physically fit to participate in the Londonderry Police Department's Physical Agility Test, Entry Level Requirements for Police Officer.

I further certify that a copy of the Londonderry Police Department's Physical Agility Test, Entry Level Requirements has been provided to me in advance, that I have reviewed the Entry Level Requirements (copy attached) and there are no medical reasons that I am aware of or have made the Londonderry Police Department aware of, that would prohibit me from participating.

I further understand that by participating in the Londonderry Police Department's Physical Agility Test, and by signing this "**Waiver of Liability**," I hold the Londonderry Police Department, it's employees administering the test, and the New Hampshire Police Training Academy, "**Harmless from All Civil Actions, and/or Medical Costs**," arising from injuries that might occur, during my participation in the Physical Agility Test.

I further agree to indemnify the Londonderry Police Department, its employees administering the test and the New Hampshire Police Training Academy, for any and all cost incurred, including attorney's fees, should I or anyone representing my interests, file any civil action to collect for injuries sustained during my participation in the Physical Agility Test.

Date: _____

Signature of Participant

Date: _____

Witnessed By

NEW HAMPSHIRE POLICE STANDARDS AND TRAINING FITNESS TESTING

(35 PERCENTILE)

MALES:

AGE	RUN	BENCH PRESS	SIT-UPS (in 60 seconds)	PUSH-UPS
18 – 29	12:53	.96 x weight	37	27
30 – 39	13:24	.86 x weight	33	21
40 – 49	14:07	.78 x weight	28	16
50 – 59	15:20	.70 x weight	22	11
60 – 69	17:11	.65 x weight	18	9
70 – 79	19:39	.65 x weight	18	9

FEMALES:

AGE	RUN	BENCH PRESS	SIT-UPS (in 60 seconds)	PUSH-UPS	
				Modified	Full Body
18 – 29	15:14	.58 x weight	31	22	14
30 – 39	15:58	.52 x weight	24	17	10
40 – 49	16:46	.48 x weight	19	11	8
50 – 59	18:37	.43 x weight	12	10	---
60 – 69	20:46	.41 x weight	5	4	---
70 – 79	22:20	.41 x weight	5	4	---